

# Perio, Implant and MINST Course for Hygienists & Therapists

By

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# About the course

Our Edudent Perio, Implant & MINST Course for Dental Hygienists and Therapists is one of the most in-depth and comprehensive periodontal courses available, designed to take you from core fundamentals through to advanced clinical practice.

This highly practical, hands-on programme covers contemporary periodontal management, implant maintenance and complications, and minimally invasive non-surgical therapy (MINST), equipping you with the knowledge, skills, and confidence to manage both complex periodontal cases and implant patients in everyday practice.

Delivered over two fully hands-on days, the course combines evidence-based teaching with extensive practical training, ensuring immediate clinical application. In addition, our dedicated communication skills workshop focuses on managing difficult and challenging patients, empowering you to build rapport, improve compliance, and achieve better long-term outcomes.

This is a truly transformative course for hygienists and therapists who want to elevate their clinical practice to an advanced level.

# Course Objectives

## Day 1

- Periodontal anatomy in health and disease
- Aetiology and pathogenesis of periodontal disease
- Identification and management of risk factors
- BPE and a clear understanding of the 2017 Periodontal Classification
- Periodontal indices and effective disease monitoring
- Interpreting and analysing radiographs for periodontal and implant cases
- Advanced hand instrumentation techniques for optimal clinical outcomes

## Day 2

- Assessment and management of furcation involvement
- Understanding and treating perio-endo lesions and acute periodontal conditions
- Diagnosis and management of peri-implant disease
- Advanced ultrasonic instrumentation techniques
- Knowing when and how to go beyond non-surgical therapy
- Troubleshooting challenging periodontal and implant cases
- Mastering the MINST protocol (Minimally Invasive Non-Surgical Therapy) for predictable outcomes

# Course Outline

## Day 1

### Morning Session

**08:30 – 09:00** | Registration

**09:00 – 11:00** | Periodontal anatomy, disease pathogenesis and risk factors

**11:15 – 13:00** | Periodontal indices and record keeping, including a clear and practical understanding of the 2017 Periodontal Classification and the BSP S3 Guidelines for periodontal treatment

**13:00 – 14:00** | Lunch

### Afternoon Session

**14:00 – 15:00** | Principles and techniques of hand instrumentation

**15:00 – 15:15** | Coffee break

**15:15 – 17:00** | Hands-on practical session focusing on hand instrumentation skills and clinical application

# Course Outline

## Day 2

### Morning Session

**08:30 – 09:00** | Registration

**09:00 – 11:15** | Management of furcation involvement, acute periodontal conditions and peri-implant therapy

**11:30 – 12:30** | Advanced ultrasonic instrumentation techniques

**12:30 – 13:00** | Interactive case studies and clinical discussions

**13:00 – 14:00** | Lunch

### Afternoon Session

**14:00 – 14:45** | Minimally Invasive Non-Surgical Therapy (MINST): principles, protocol and clinical application

**15:00 – 17:00** | Hands-on practical session focusing on ultrasonic instrumentation and the MINST protocol

# What to bring

Loupes with light is highly recommended though not mandatory. Lunch will be provided. You are not required to bring anything else to the course

